## RTOCN

The following pages are the first 20 pages from Strings Rock Book 1
Teacher's reference guide:

|  | Pa |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Technique | 2 | 3 |  | 4 | 5 | 6 | 7 | 7 | 8 | 1 | 101 | 11 | 21 | 31 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 22 | 23 |  | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 32 | 33 | 34 | 36 | 37 | 38 | 40 | 41 | 42 | 44 |
| G string | - | - |  |  |  |  |  |  | - | - | - | - |  | - | - |  | $\bullet$ |  | - | - | - |  | - | - | - |  | $\bullet$ | - | - | - | - | - | - | - | - | - | - | - | $\bullet$ | $\bullet$ | - | - | $\bullet$ |
| E string |  |  |  | - | - |  |  |  | - | - | - |  | - |  |  | - | - | - | $\bullet$ |  |  |  |  | - | - |  |  | - | - |  | $\bullet$ |  | $\bullet$ | - | - | $\bullet$ |  |  | $\bullet$ | - | $\bullet$ | $\bullet$ | $\bullet$ |
| A string |  |  |  |  |  | - | - |  | - | - | - | - | - |  |  | $\bullet$ | - | - | - | - | - | - | $\bullet$ | - | - |  | - | - | - | - | - | - | $\bullet$ | - | $\bullet$ | $\bullet$ | - | - | - | $\bullet$ | $\bullet$ | - | $\bullet$ |
| D string |  |  |  |  |  |  |  | - | - | - | - | - |  | - | - | - | - | - | - | - | $\bullet$ | $\bullet$ | $\bullet$ | - | - |  | - | - | - | - | - | - | - | - | - | - | - | - | - | - | $\bullet$ | $\bullet$ | $\bullet$ |
| Repeat sign |  |  |  |  | $\bullet$ |  |  |  | - | - | - |  |  |  |  |  |  | $\bullet$ | $\bullet$ |  | $\bullet$ | - |  |  | - |  |  |  |  |  |  | - | $\bullet$ |  |  |  | $\bullet$ | - |  |  | $\bullet$ |  |  |
| Bow markings |  |  |  |  |  |  | - | - | - | - | - |  |  |  |  |  |  | $\bullet$ | - | - | - | - | - | - | - |  | - | - | - | - | - | - | - | - | - | - | - | - | - | - | $\bullet$ | - |  |
| 3-4 time |  |  |  |  |  |  |  |  |  |  | - |  | - |  |  |  |  |  | $\bullet$ |  |  | $\bullet$ |  |  |  |  |  |  | $\bullet$ |  |  |  |  |  | $\bullet$ |  |  |  |  |  |  |  |  |
| Crossing strings |  |  |  |  |  |  |  |  |  |  | - | - |  |  |  | $\bullet$ | - | - | - | - | - | - | - | - | - |  | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | $\bullet$ |
| 1st finger |  |  |  |  |  |  |  |  |  |  |  | - | - | - |  | - | - | - | - | - | - | - | - | - | - |  | - | - | - | - | - | - | - | - | - | - | - | - | - | $\bullet$ | - | - | - |
| 4th finger |  |  |  |  |  |  |  |  |  |  |  |  |  | - | - | - | - | - | - | - | - | - | - | - | - |  | - | - | - | - | - | - | - | $\bullet$ | - | - | - | - | - | $\bullet$ | $\bullet$ | - | $\bullet$ |
| 2nd finger |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\bullet$ |  | $\bullet$ |  |  |  |  | $\bullet$ | - |  |  |  | $\bullet$ |  | $\bullet$ |  | $\bullet$ | - | - | - |  |  | $\bullet$ |  | $\bullet$ | - | $\bullet$ |
| Key signature |  |  |  |  |  |  |  |  |  |  |  |  |  | - | - | - | - | - | - | $\bullet$ | - | - | - | - | - |  | - | - | - | - | - | - | - | - | - | - | $\bullet$ | $\bullet$ | - | - | $\bullet$ | $\bullet$ | $\bullet$ |
| Crotchet rest |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\bullet$ | - | - |  |  |  |  |  | - | - | - | - |  |  | - | - | - |  | $\bullet$ | - |  | $\bullet$ |  | $\bullet$ |  |
| Minim rest |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | - | - |  |  |  |  |  |  | - |  | $\bullet$ |  |  |  |  | $\bullet$ |  |  |  |  |  |  |  | - |  |
| Semi-breve rest |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\bullet$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Round |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\bullet$ |  |  |  |  |  |  |  |  |  | $\bullet$ |  |  |  |  |  | $\bullet$ |  |  |  |  |  |
| Dynamics |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | - | - |  | - | $\bullet$ | $\bullet$ |  |  | $\bullet$ |  | $\bullet$ | $\bullet$ | - | $\bullet$ |  | $\bullet$ | $\bullet$ | $\bullet$ | - |  |
| Pizzicato |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | - | - |  |  |  |  | $\bullet$ |  |  |  |  |  |  |  |  |
| Scales |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\bullet$ |  |  |  |  |  |  |  |  | $\bullet$ |
| Arpeggios |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | - |  |  |  |  |  |  |  | $\bullet$ |
| Quavers |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\bullet$ | - | - | $\bullet$ |  |  |  |
| Ritenuto |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\bullet$ |  | $\bullet$ |  |  | $\bullet$ |  |
| Pause |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\bullet$ | $\bullet$ |  | $\bullet$ |  |
| cresc./decresc. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\bullet$ |  |  | $\bullet$ |  |
| Accelerando |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\bullet$ |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Improvising |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\bullet$ |  |  |  |
| Composing |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\bullet$ |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| CD backing |  | - |  |  | $\bullet$ |  | $\bullet$ |  |  |  |  | $\bullet$ |  |  | - | - |  | - | - | $\bullet$ | $\bullet$ | - |  |  | - |  |  |  |  |  |  |  | $\bullet$ | $\bullet$ |  | $\bullet$ | $\bullet$ | - | - | $\bullet$ | $\bullet$ | $\bullet$ |  |
| Ensemble playing |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\bullet$ |  |  |  | - |  |  |  |  |  |  |  | $\bullet$ |  |  | $\bullet$ |  |  | $\bullet$ |  |  | $\bullet$ |  |

## Contents - Strings Rock - Book One

| Title | Page |
| :---: | :---: |
| G - The highest sounding string | 2 |
| Low down on the G string | 3 |
| Kakadu | 3 |
| E - The lowest sounding string * | 4 |
| Run, run, lizard run! * | 5 |
| Rocket launch ** | 5 |
| Discovery Bay ${ }^{+*}$ | 5 |
| A - The $2^{\text {nd }}$ lowest sounding string | 6 |
| Crazy faces | 7 |
| Reflections | 7 |
| D - The $2^{\text {nd }}$ highest sounding string | 8 |
| Sammy the snail | 9 |
| The Mundulla march | 9 |
| Name the open strings | 9 |
| Rock the boat baby! | 10 |
| Swan River | 10 |
| The race * | 10 |
| Up and over Mount Egmont * | 11 |
| Name this piece: __ * | 11 |
| Sailing the waves* | 11 |
| What is that vibrating? | 12 |
| Step right up! | 12 |
| A-B-B-A | 13 |
| Look sharp! * | 13 |
| Trudging through the mud | 14 |
| Hot funky buns! | 14 |
| Mary had a little __? | 15 |
| Midnight feast * | 15 |
| Mr. Ploddy Plodison | 16 |
| Ask a silly question | 16 |
| Moovin' and a groovin' | 17 |
| Hide and seek * | 17 |
| Rests | 18 |
| Pease pudding hot | 18 |
| My first finger groove | 19 |
| Marching to Port Arthur | 19 |
| A Very happy dream | 20 |
| Mary had a little lamb (ensemble) | 21 |
| Sunset at Uluru | 21 |

Title Page
I can use three fingers! * ..... 21
Up and down we go ..... 22
My favourite food ..... 22
Ballarat to Bendigo ..... 23
Can Can ..... 24
Fifteen second Fran! ..... 24
Find a Tassie Tiger ..... 24
Test my patience! ..... 25
Go tell Aunt ..... 25
Dragon tales * ..... 26
Which direction do I go? ..... 27
I try to sound better ..... 27
Glass House Mountains ..... 28
Love somebody ..... 28
4..3..2..1..lift off! ..... 29
Come into my garden * ..... 29
Play a round ..... 30
Name this piece: ..... 30
Happy thoughts ..... 31
Sleeping over ..... 31
G Major scale ..... 32
The groovy 60's ..... 32
At the beach ..... 32
G Major arpeggio ..... 33
Grasshopper ..... 33
Name this piece: ..... 33
The old pipe organ ..... 34
Travelling through time ..... 36
This old man ..... 36
Frère Jacques ..... 37
Old MacDonald ..... 37
A walk in the park ..... 38
Running down Cat Street ..... 40
Improvising fun! ..... 40
Compose your own tune ..... 41
Rolling stones ..... 41
Across the swinging bridge ..... 42
Appendix - Scale and Arpeggio

Can be played simultaneously with 'Flying High' from Violin Book One.

+ Can be played simultaneously with 'Great Ocean Road' from Violin Book One.
Pieces marked with an asterisk (*) cannot be played simultaneously with 'Cello or Viola Book One.
Pieces that are included on the backing CD are marked with a CD icon, and the appropriate track number. Track 1 is tuning. Tracks 2-26 feature a guide track for the solo line(s).

All tracks commence with five seconds of silence, and two bars of metronome.

## G - The highest sounding string



Numbers have been included to help you with your counting.


- Crotchet - Hold a crotchet for 1 beat.

$\frac{4}{4}$ time - 4 crotchet beats in every bar of music.


## Low down on the G string

Michael J Stocks


## E - The lowest sounding string






## Run, run, lizard run!

Michael J Stocks


## Rocket łaunch

Michael J Stocks

like the sound a rock - et makes as it's a - bout to go!

## Great Ocean Road

(0) Track 3

$$
\text { = } 76 \quad \text { Michael J Stocks }
$$


:|| This is the repeat sign.
Play the music that is before this sign, again.

## A - The $2^{\text {nd }}$ lowest sounding string


1.

2.


Michael J Stocks



Michael J Stocks

makes me look fun ny. I will try to

make you laugh so much it hurts your tum - my!
$\Pi$ - Down bow $\quad V$ - Up bow

## Reflections

() Track 4

$$
=69 \quad \text { Michael J Stocks }
$$



Are you using long bows, and holding the bow as your teacher instructed?

## D - The $2^{\text {nd }}$ highest sounding string


d. $\rho^{\cdot}$ Dotted minim - Hold a dotted minim for 3 beats.

${ }_{4}^{3}$ time - 3 crotchet beats in every bar of music.

## Sammy the snail




## The Mundulla march

(O) Track 5

- $=76$

Michael J Stocks


## Name the open strings

Write the correct letter beneath each printed note written below.


G

## CROSSING STRINGS

## Rock the boat baby!



## Swan River



## The race



Roll your bow gently over to the next string.

## Up and over Mount Egmont



After you have played this piece, decide what you think it should be called.


## Sailing the waves

(-) Track 6
. $=63$



Watch what happens to your A string when you play $1^{\text {st }}$ finger on the $G$ string perfectly in tune!
$1^{\text {st }}$ finger on the D string - ' $\mathbf{E}^{\prime}$


## Step right up!



Always keep your left hand fingers very close to the strings.
$1^{\text {st }}$ finger on the A string - ' $\mathbf{B}$ '
$0 \quad 1$

A-B-B-A


On the next page, you will see a sharp sign used as part of the key signature.

$4^{\text {th }}$ finger on the $G$ string - ' $\mathbf{B}^{\prime}$


Trudging through the mud


Key signature - The group of sharps or flats that appears at the beginning of a staff indicating which key the piece is in. This piece begins and ends on G.

G Major is a key signature with one sharp (F\#).

$$
4^{\text {th }} \text { finger on the D string - 'F\#' }
$$



## Hot funky buns!

$$
d=88
$$



## $4^{\text {th }}$ finger on the A string - ' $C{ }^{\# \prime}$



## Mary had a little

You decide what it was that Mary had!

$$
d=80
$$

4 1 0 Nursery rhyme


Mar - y had a lit - tle
_ lit - tle $\qquad$ —,


A Major is a key signature with three sharps (F\#, C\# and G\#).
$4^{\text {th }}$ finger on the E string - ' $G{ }^{\# \prime}$


## Midnight feast



E Major is a key signature with four sharps (F\#, C\#, G\# and $D \#$ ).
$2^{\text {nd }}$ finger on the E and A strings


Mr. Ploddy Plodison
Michael J Stocks



and leaves dents,
big - ger than you'll ev - er

## Ask a silly question...



## Moo-vin' and a groovin'

## (O) Track 9

$$
d=80
$$

Michael J Stocks


Hide and seek
Michael J Stocks

is such fun. Hide in sil - ence make no sound, un -


## RESTS

## \$ Crotchet rest - 1 beat of silence



Circle your bow in the air after you play the last note of the $1^{\text {st }}$ line, as the next note is also a down bow.

## 



## Pease pudding hot

(0) Track 10


## My first finger groove

## (0) Track 11

$$
\text { With Energy d = } 80
$$

Michael J Stocks


Most pieces of music have words at the start to help you choose the correct speed or style to play. 'My first finger groove' is to be played With Energy'.


Márching to Port Arthur
March like
Michael J Stocks


Is your left hand soft and relaxed?

## A Very happy dream

(0) Track 12

Smoothly - 63
Michael J Stocks


When you have played this piece write down what you think the happy dream could be about.

## Mary had a little lamb

(-) Track 13
Nursery rhyme
Easy pace $=72$ arr. Michael J Stocks

Bass 1

Bass 2


Bass 2
5
Bass 1


Round - A piece that can be played by two or more players, each starting at different places within the piece (1) and (2)).

## Sunset at Uluru

Gently
Michael J Stocks
(1)

(2)


I can use three fingers!
Twinkle twinkle little star

## © Track 14

$$
\text { Brightly } d=72
$$

Traditional Lyrics MJS


I can use three fing-ers now, watch me and I'll show you how.


If I prac-tice once a day, you'll en-joy the way I play!

## Up and down we go

With energy
Michael J Stocks


go all day, jump-ing on the tramp-o-line is all we want to

do to - day. Jump - ing, bounc-ing, we can go so ver-y high,


My favourite food

## Moderate pace

Michael J Stocks


What is your favourite food?

## DYNAMICS

$\boldsymbol{f}$ 'forte' - loud $\boldsymbol{p}$ 'piano' - soft
$\boldsymbol{m f}$ 'mezzo forte' - moderately loud

## Ballarat to Bendigo

(0) Track 15

$$
\text { Easy pace } d=72
$$

Bass 1


Bass 1


## Book One continues for a total of 44 pages



